Remind Me
Decline
Accept

Pamela Goulden-McLeod

Director

Emergency Management Organization

City of Saskatoon

City of Saskatoon

Objectives

Foundations

- System theory
- Psychological First Aid
- Dr. Bruce Perry
- Dr. Marlene Wong
- Traumatic Event System (TES) Response – Kevin Cameron
- Incident Command System (ICS)

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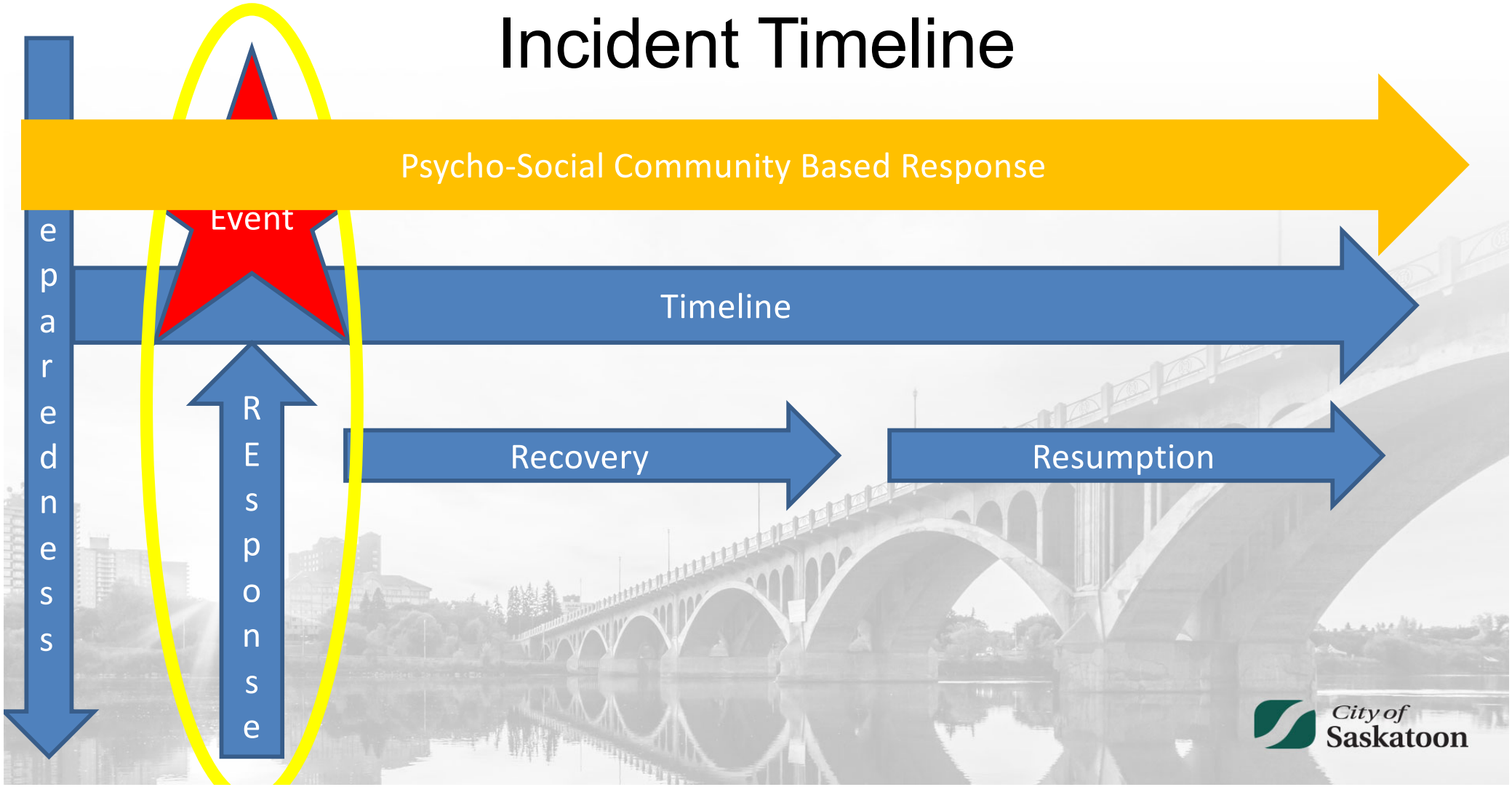
Incident Timeline



NFPA 3000

Chapter 20: Recovery

"The family assistance center shall be permitted to transition to a community resiliency centre (CRC) that provides ongoing support services to victims, family members, first responders and community members."

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1 October After-Action Report

August 24, 2018

FEMA

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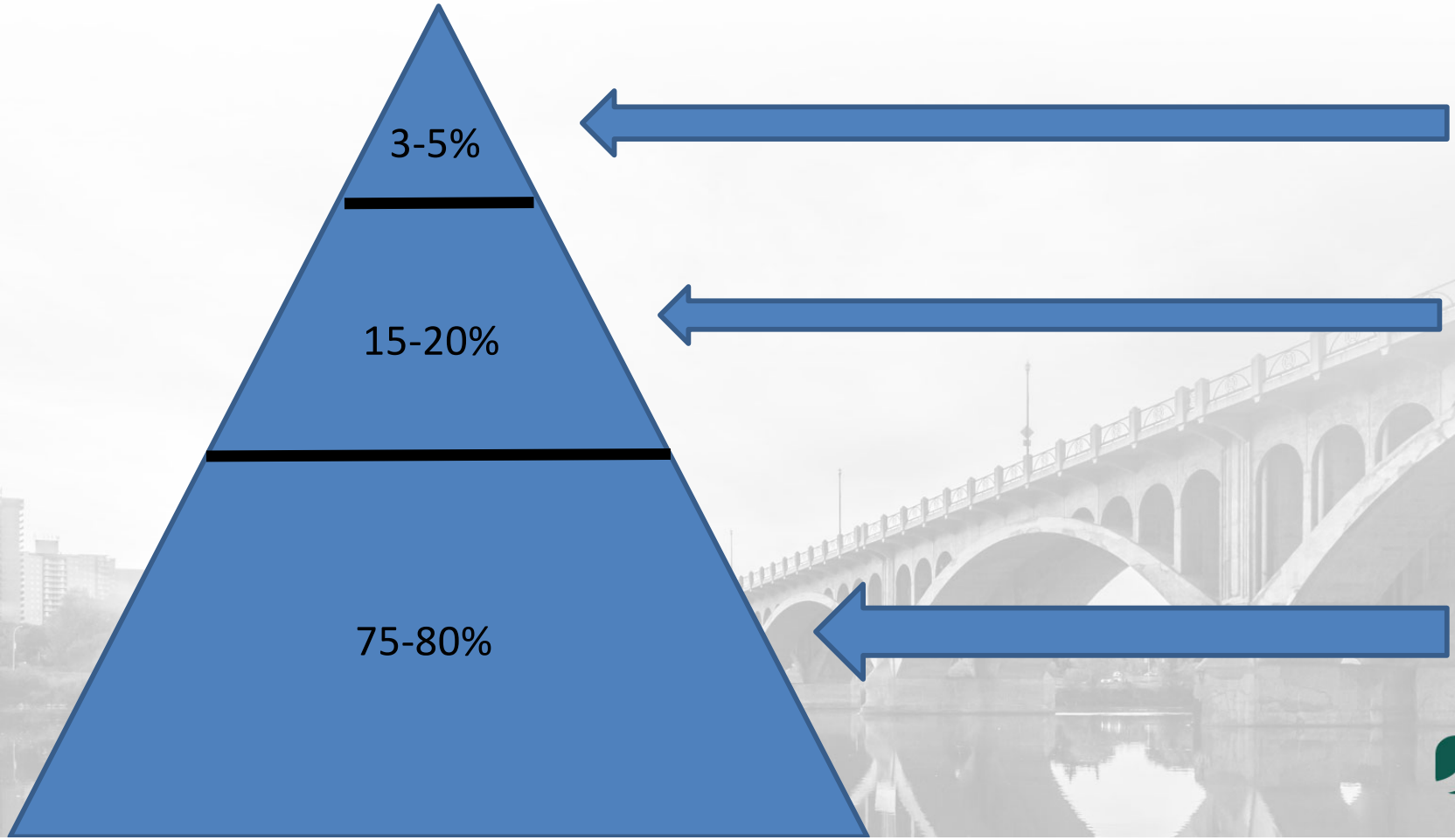
Community Resilience



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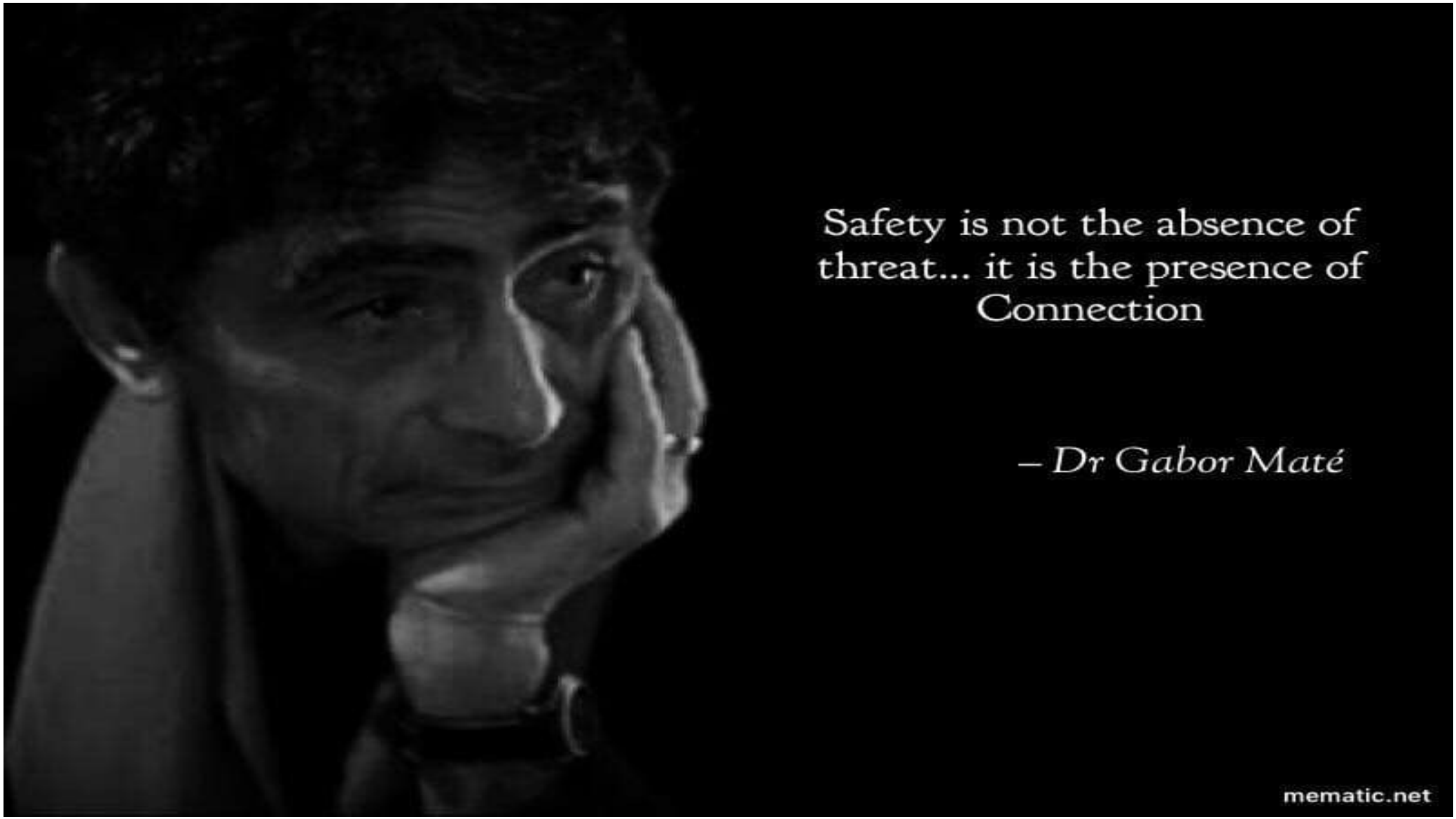
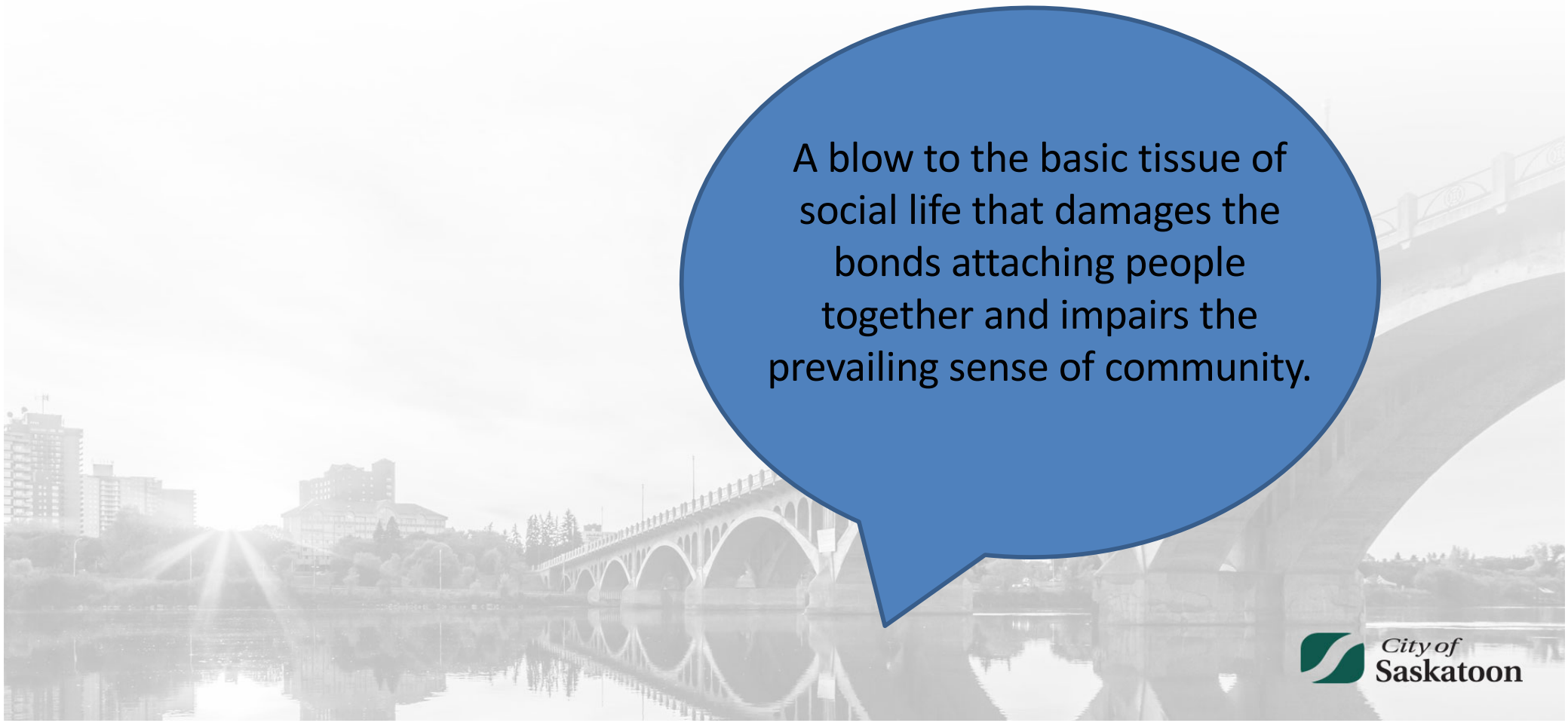
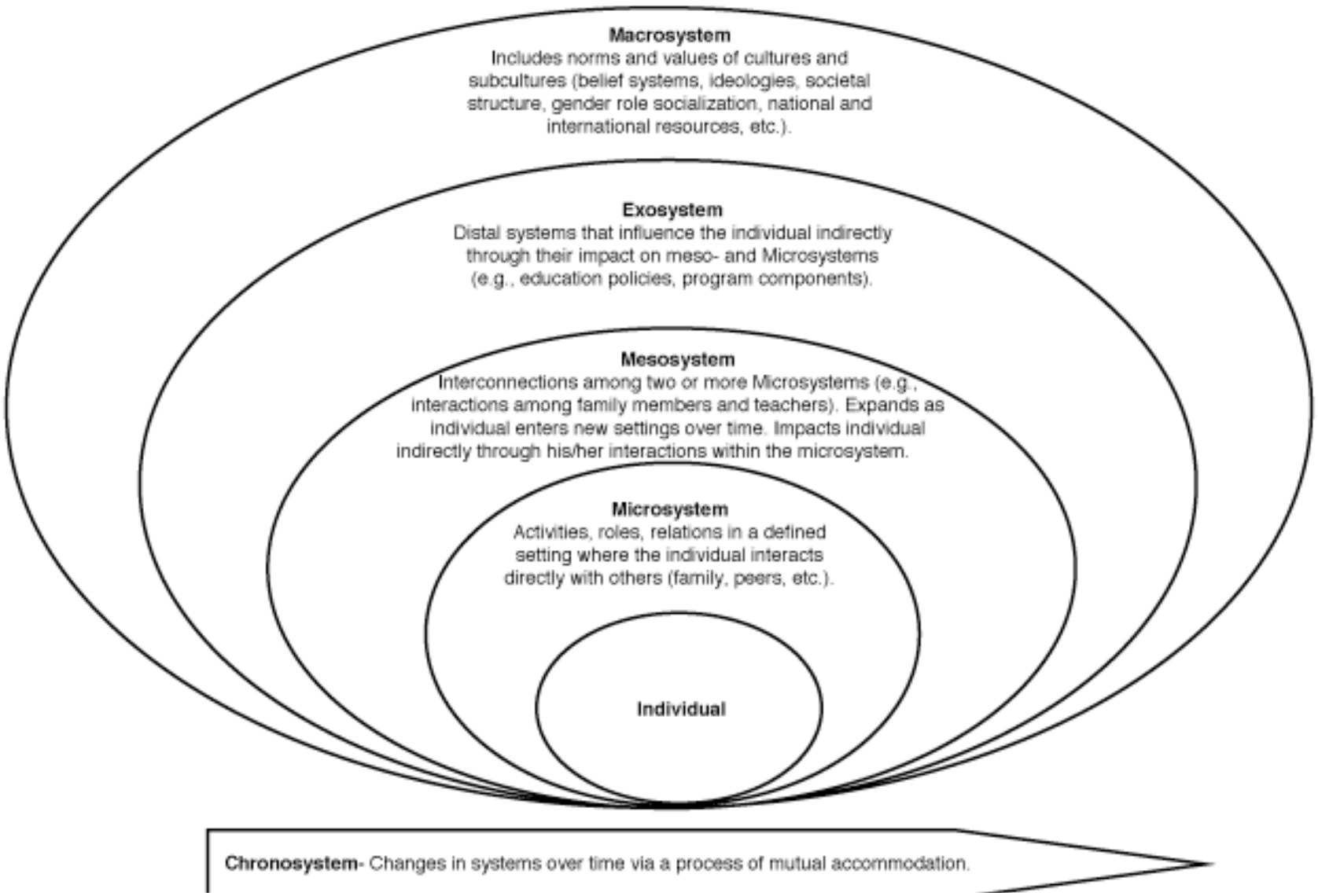

Safety is not the absence of threat... it is the presence of Connection
– Dr Gabor Maté
mematic.net

Collective Trauma





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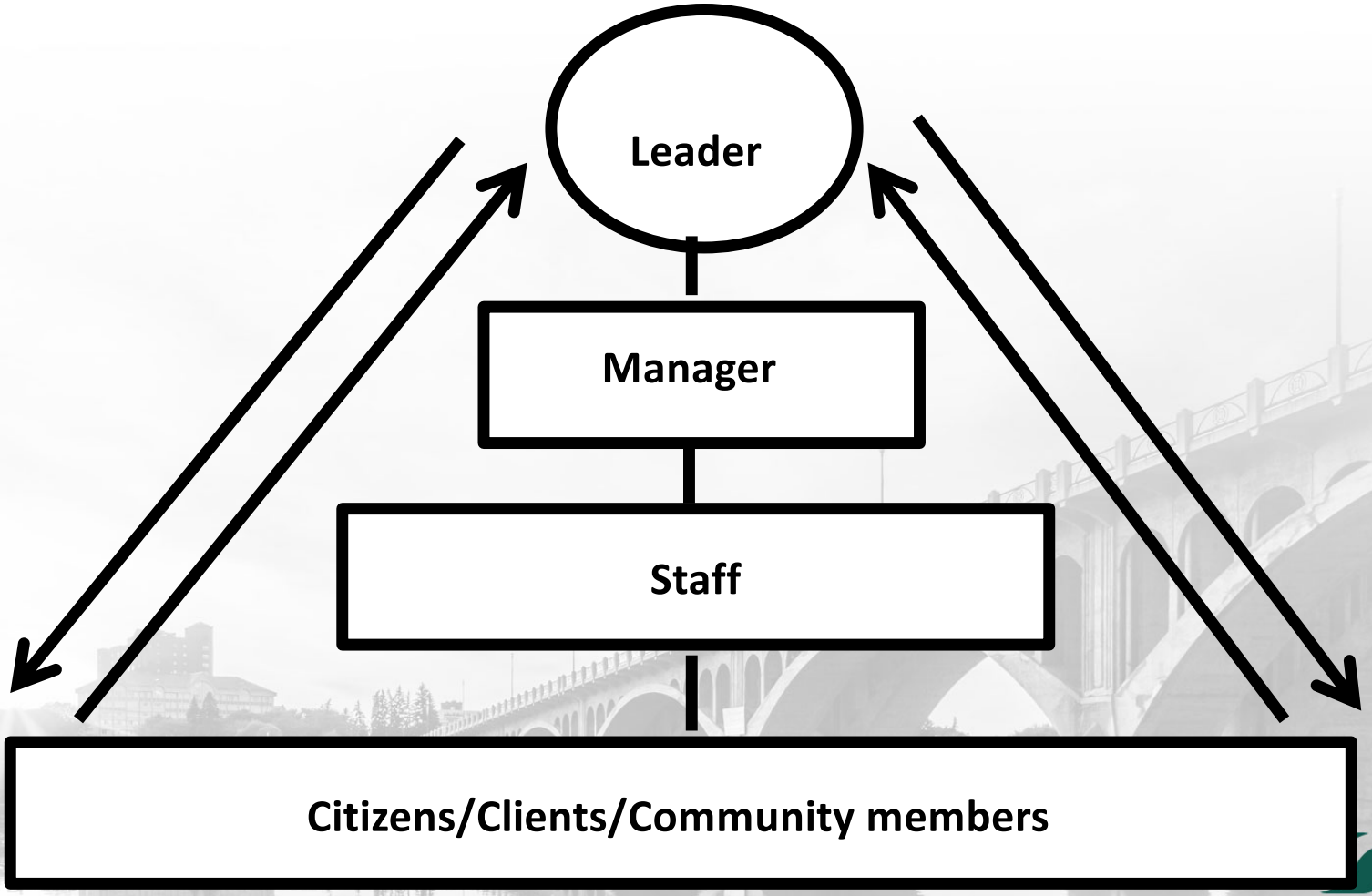
Naturally Open System

Naturally Open System



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Traumatically
Open System

Naturally Closed
System

Traumatically
Closed Systems
SOFTPEDIA

Community Psycho-Social Response

Grief

- **Grief** counseling is a form of psychotherapy that aims to help people cope and mourn the death of loved ones, or with life changes that trigger feelings of **grief** (e.g., divorce, or job loss).

Trauma

- **Trauma** is an occurrence wherein an individual sees or experiences a risk to their own life or physical safety or that of other people and feels terror, fear, or helplessness. The occurrence might additionally cause confusion, dissociation, and a loss of a feeling of security

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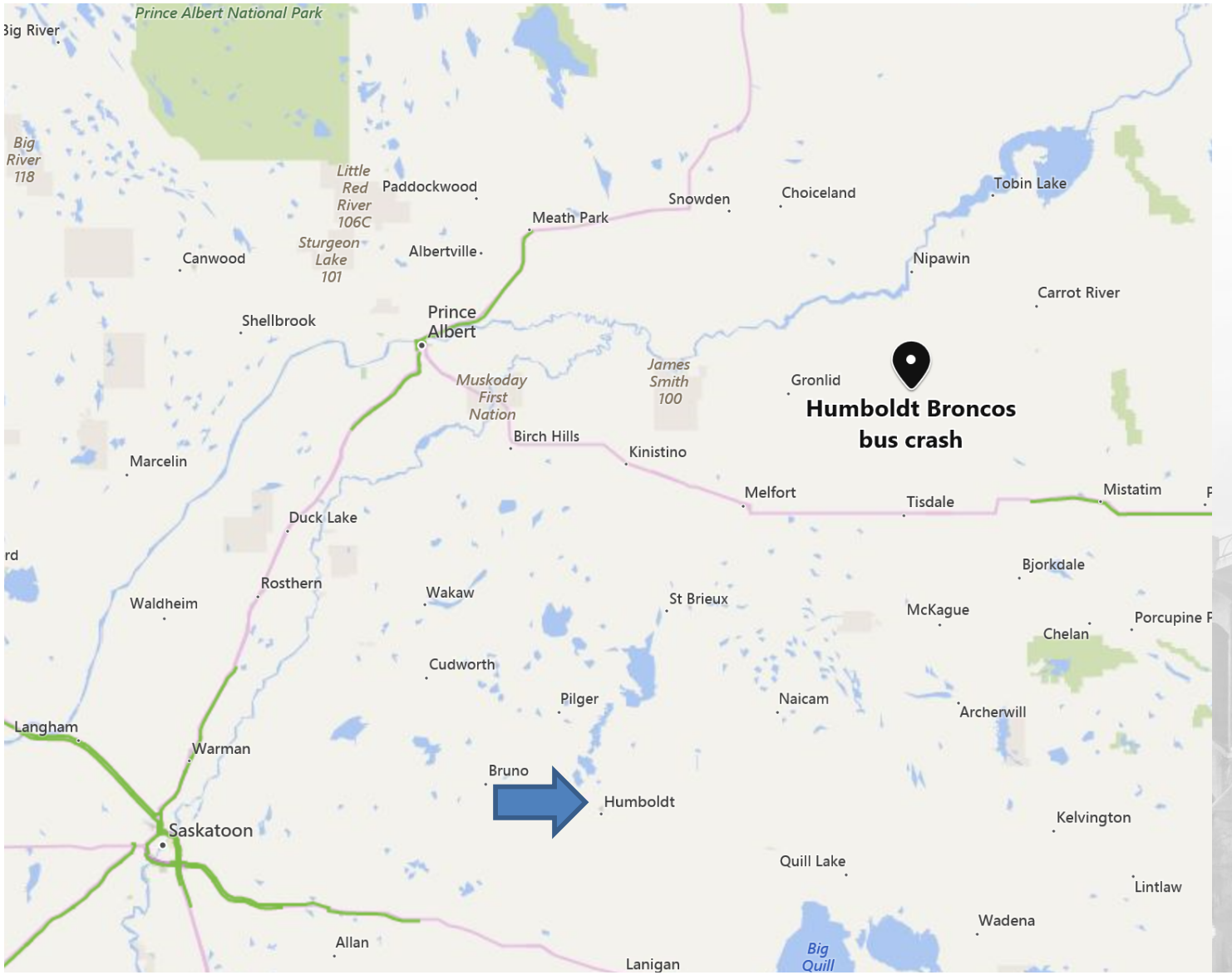

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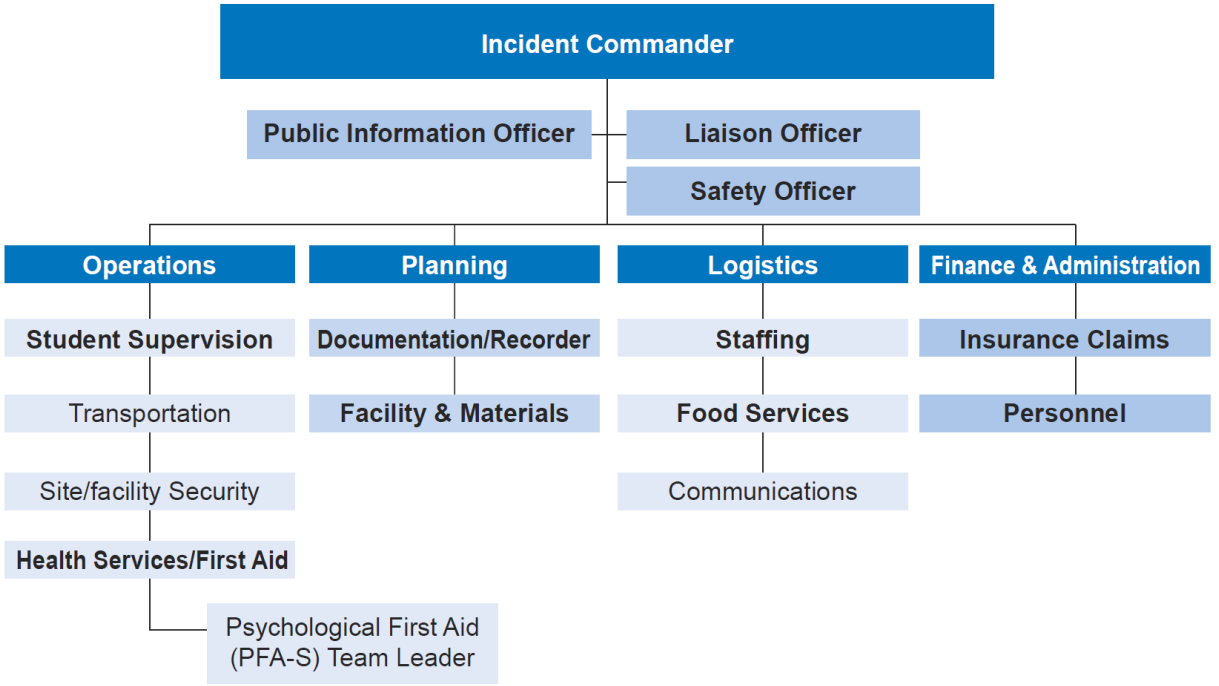
Critical Periods

Incident Command Systems and Psycho-Social Response



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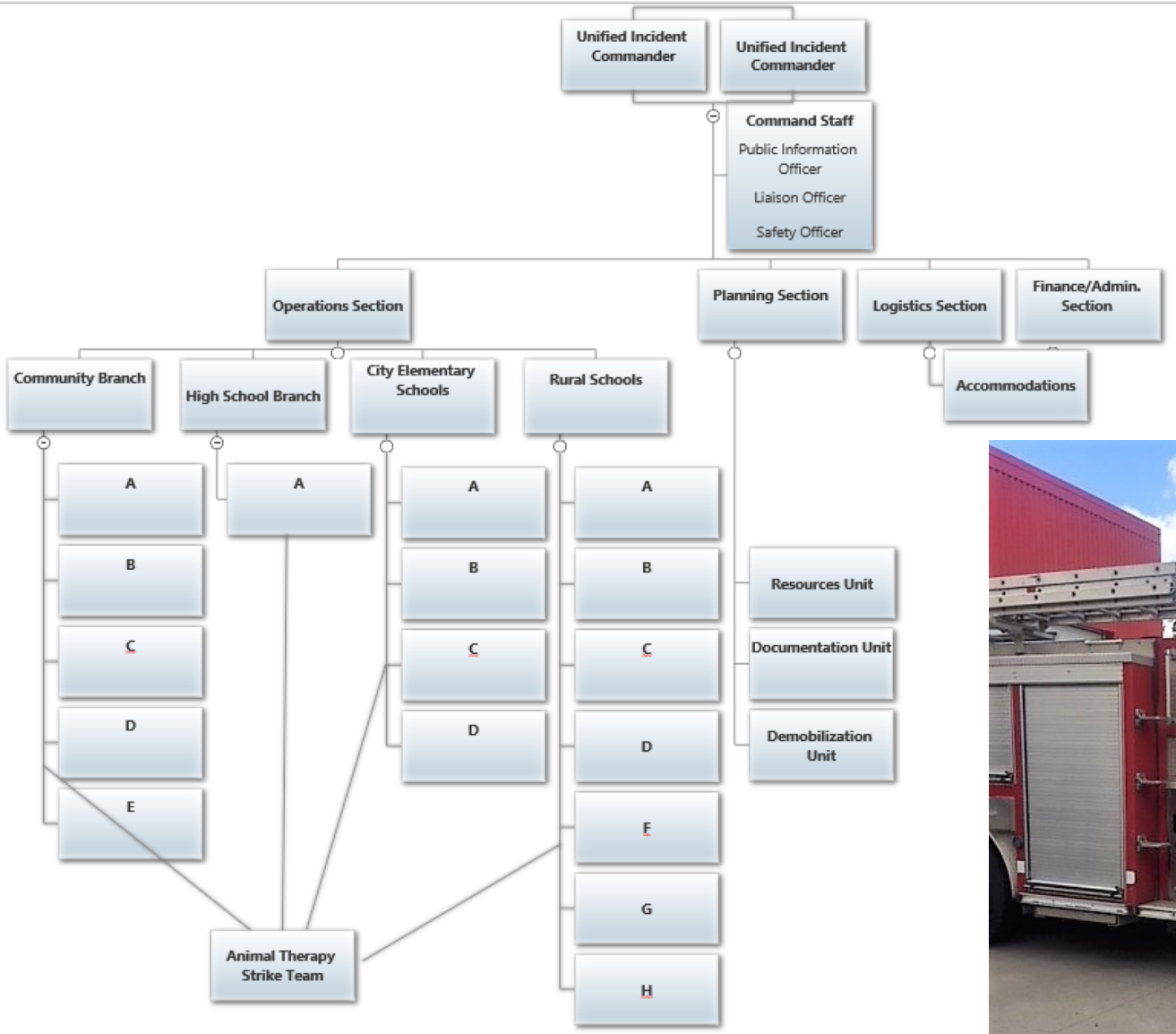
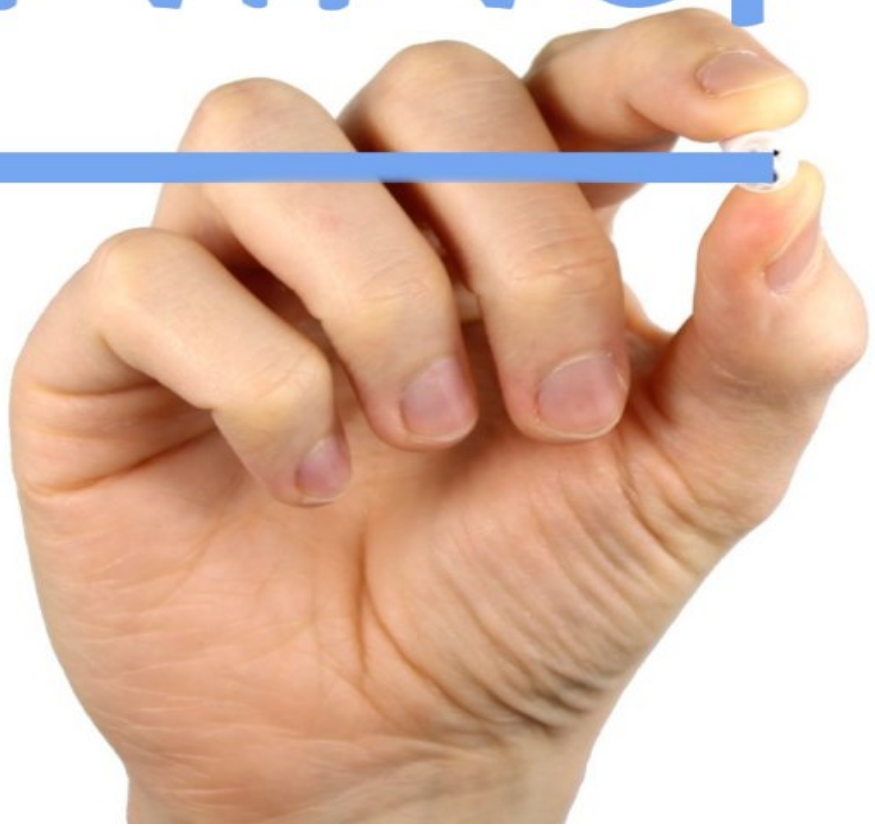

Unified Incident Commander
Unified Incident Commander
Command Staff
Public Information Officer
Liaison Officer
Safety Officer
Operations Section
Planning Section
Logistics Section
Finance/Admin. Section
Community Branch
High School Branch
City Elementary Schools
Rural Schools
Accommodations
A
B
C
D
E
A
A
B
C
D
A
B
C
D
F
G
H
Resources Unit
Documentation Unit
Demobilization Unit
Animal Therapy Strike Team

RESCUE ENGINE
NO. 9

PLANNING



PLANNING
COMPETENCE
IMPROVEMENT
GROWTH
INDIVIDUALS
STRATEGY
CONCEPT
MOTIVATION
BENEFITS
TEAM BUILDING
LEADERSHIP
SOLVING
DEVELOPMENT
SUCCESS
EXERCISE
DYNAMICS
TALENT
PLANS
CURRENT
ABILITY
ENCOURAGE
EFFORT
RANGE
COACHING
GOAL
SOLUTION
FOCUS
COLLABORATION
CREATE
PRODUCTION
TRAINING

You're not helping!

Leaders:
A special note

- Over-function
- Denial
- Delayed Response
- Maintain appropriate community boundaries

VIP Visits

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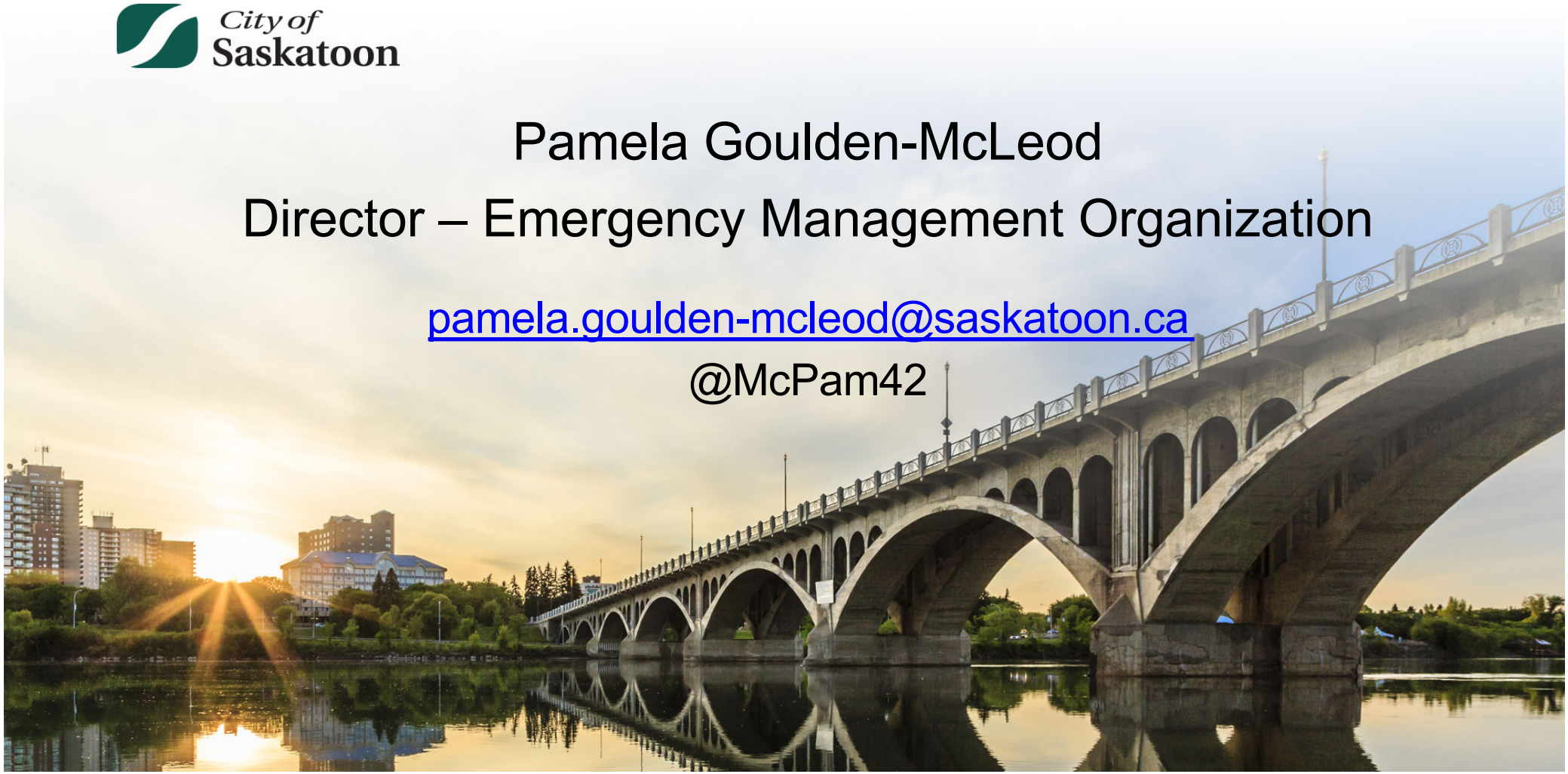
Final Thoughts



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